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THE OXYRADICAL-SCAVENGING ACTIVITY OF AZELAIC ACID IN BIOLOGICAL SYSTEMS

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We have previously shown that azelaic acid, a C_9 dicarboxylic acid, as disodium salt $(C_9 2Na)$ is capable **of** inhibiting significantly the hydroxylation of aromatic compounds and the peroxidation of arachidonic acid due to reactive hydroxyl radicals (HO'). In this paper we have investigated the ability of $C₉2Na$ to inhibit the oxyradical induced toxicity towards two tumoral cell lines (Raji and IREl) and normal human fibroblasts (HF). Oxyradicals were generated either by the addition **of** polyphenols to the medium, or by direct irradiation of phosphate buffered-saline in which cells were incubated from **15** min prior to incubation in normal medium. The effects of C₉2Na were compared with those obtained by mannitol (MAN), superoxide dismutase (SOD) and catalase (CAT). C₉2Na, MAN, SOD and CAT significantly decreased the polyphenol toxicity towards cell lines cultured up to 24 h. After 48 h **of** incubation the above compounds lost the capability of protecting cells from polyphenol toxicity. This suggests that the toxic role of oxyradicals (O_2^-, H_2O_2, HO_1) persists for about 24 h and, subsequently other toxic mechanisms must be involved, which are not affected by oxyradical scavengers. SOD and CAT did not show any protective effect on UV induced cytotoxicity. while both Cy2Na and MAN **were** capable of reducing significantly the UV damage towards cell lines, even after 48 h incubation. This can be explained by the fact that UV cytotoxicity depends mainly on the generation **of** HO., that can be "scavenged" by C,2Na or MAN, but not by SOD or **CAT.** C,2Na and MAN **were** not significantly degraded in the period during which they afford protection against HO' .

KEY WORDS: Azelaic acid, oxyradicals, polyphenols, UV.

1. INTRODUCTION

We have previously shown that azelaic acid, a C9 dicarboxylic acid, as disodium salt $(C_9 2Na)$ is capable of inhibiting significantly the hydroxylation of aromatic compounds such as tyrosine and toluene and the peroxidation of arachidonic acid $(C20: 4 n - 6)$ due to reactive hydroxyl radicals **(HO')** produced by Fenton or Photo Fenton-type reactions.' While active on hydroxyl radicals, azelaic acid has no activity on superoxide radicals *(0;*).'

From these observations it seems likely that C_9 2Na can be added to the list of well known radical scavengers such as thiourea, ethanol, dimethyl-sulphoxide, benzoate, mannitol, etc., also called radical interceptors,² which, as well as azelaic acid, are capable of affecting the generation of hydroxyl radicals but not that of superoxide anions.

In this context, it is important to underline that the above mentioned substances, including azelaic acid, are not specific HO' scavengers, but rather drugs which can be oxidized, though at different degrees of difficulty, by **HO'** giving rise to new

radicals. For example, HO' react with mannitol (MAN) or dimethylsulphoxide (DMSO) or sodium azelate $(C₉2Na)$ producing respectively:

$$
HO' + \begin{cases} MAN \rightarrow MAN' + H_2O & (2) \\ (CH_3)_2SO \rightarrow CH_3S(OH)O + CH_3 & (2) \\ R\text{-}CH_2COO^-Na^+ \rightarrow R\text{-}CH_2COO + HO^- & (1). \end{cases}
$$

Hydroxyl radicals have been implicated in a number of biological phenomena, generally from the viewpoint of their cytotoxic actions. For example, cellular damage induced by ionizing radiation and the destruction of microorganisms by phagocytes have been attributed, in part, to the action of HO['].^{2,3,4,5}

The presence of HO' in biological systems is generally inferred from some oxidative properties and from the blocking action of HO' scavengers." This paper will deal with the capability of azelaic acid of acting as HO' scavenger in cell cultures, where oxyradicals were generated either by the addition of reactive molecules such as poly-phenols to the medium,' or by direct UV-irradiation of phosphate buffer (PBS) in which cells were incubated for 15 min. prior to cultivation in normal medium. The effects of $C₉2Na$ were compared with those obtained by both the well known HO scavenger mannitol (MAN) and the oxyradical scavenger enzymes superoxide dismutase (SOD) and catalase (CAT).

2. MATERIALS AND METHODS

Azelaic acid **(99%** pure) was purchased from Fluka AG and was dissolved in NaOH (Merck AG). Mannitol (MAN), superoxide dismutase (SOD) from human erythrocytes (approx. **3,000** units per mg protein) and catalase (CAT) from bovine liver (approx. 50,000 units per mg protein) were obtained from Sigma Chem. Corp.

2.1. Cell cultures

Three established cell lines were used in the present study: the lymphoma derived cell line Raji, the melanotic human melanoma cell line IRE1 and normal human fibroblasts (HF). They were cultured in RPMI 1640 (Gibco) with 10% fetal calf serum (FCS) (Gibco) and antibiotics. 6.7

2.2. *Phenols*

L-Dihydroxyphenylalanine (DOPA), Dopamine (DPM) and 6-hydroxydopamine (6-OH DPM) (Sigma Chem. Co.) were used immediately after being dissolved in deionized water. Their stability in the medium at 37°C up to 24 h, in the absence or presence of the different cell lines or oxyradical scavengers, was evaluated by HPLC on a RP 18 column.^6 . We have previously shown, that polyphenols undergo a rapid decomposition in culture medium and, in general, in buffers at physiological pH, giving rise to oxyradicals.^{6,7} 5 x 10⁴ cells of the three cell lines were exposed to DOPA, DPM and 6-OH DPM, and viability evaluated by 3 H thymidine (Amersham, spec. act. 2 Ci/mole at 5μ Ci/ml) after 24 and 48 h of incubation in the absence or presence of C_92Na (from 0.1 mM to 10 mM), or MAN (from 0.1 mM to 10 mM) or superoxide dismutase (SOD 100 UI/ml) or catalase (CAT 100 UI/ml).

2.3. *UV irradiation*

5ml phosphate buffered-saline (PBS, Gibco) pH 7.4 were exposed for different periods to a sunlamp (Solinka *650,* Wipasan) with an energy output in the **UV** region of **0.6** mW/cm2 at a target distance of 20 cm. Raji, **IRE1** and HF (lo6) cells were added to irradiated buffer and incubated for 15 min in the absence or presence of $C_9 2Na$ or MAN, or SOD or CAT. Following this period, cells were washed three times with PBS and cultured in normal medium. The percent survival of cells was evaluated after 24 and 48 h of incubation.

2.4. *Analysis of C₉2Na and MAN*

Some experiments were undertaken to verify whether $1 \text{ mM } C_9$ 2Na or $1 \text{ mM } M$ AN underwent degradation after 24 h or 48 h of incubation in the presence of cells and oxyradical generating systems. Culture medium was separated from the cells which were washed two times with **1** ml of PBS. The washings were added to culture medium (pool). In the case of C_9 2Na, the pool was acidified to pH 2-3 with 1M HCl and then extracted three times with 5ml of ethyl acetate. $100 \mu g$ of C₁₀2Na were added as internal standard to the pool before acidification. The combined ethyl acetate phases were evaporated under N_2 . The extract was treated with 100 μ l dry pyridine and then directly silylated with 100 p1 of N, **0-bis-(trimethylsi1yI)trifluroacetamide** (Fluka AG) containing **1** *Yo* trimethyl-chlorsilane (Fluka AG) as catalyst. After 30 min at 8O"C, the solution was ready for the analysis. **In** the case of MAN, the pool was lyophilized after addition of 100μ g of meso-erythritol as internal standard, and then 1 ml of acetic anhydride (Fluka AG) plus 0.1 ml of I-methylimidazole (Fluka AG) as catalyst were added. After 10min at room temperature, lOml of water were added to decompose the excess of acetic anhydride. Mannitol and meso-erythritol acetates were extracted three times with 2 ml dichloromethane. The excess of dichloromethane was evaporated under N₂. Analyses of C₉2Na and C₁₀2Na as TMS-derivatives, and mannitol and meso-erthritol as alditol acetates were performed by computerized capillary direct gas-chromatography-mass spectrometry (GC-MS, HP 5890 gas chromatograph plus HP 5970 mass selective detector plus HP 5997 Chem Station) on extracted ion profiles of the compounds. Selected ions were: 201.10 and 317.20 for C9.2TMS, 201.10 and 331.20 for C_{10} .2TMS, 145.05 and 217.10 for meso-erytrytol acetate, 139.05 and 261.20 for mannitol acetate. The compounds were quantified by comparison with peak areas of selected ions of reference standards. Chromatographic conditions were the same for both TMS derivatives and alditol acetates. Column: Ultra 1 (cross-linked methylsilicone gum phase, $50 \text{ m} \times 0.2 \text{ mm} \times 0.33 \mu \text{m}$, HP); injection (1 μ): splitless; oven temperature: 60° C to 300° C at 100° C/min and hold; injector temperature: 250° C; transfer line temperature: 280°C; carrier gas: helium (0.5 ml/min); electron multiplier voltage: 2200 emV.

2.5. *Statistical analyses*

Statistical significance was determined according to Student's t test.

3. **RESULTS**

Figure 1 depicts the rate of decomposition of 0.1 mM DOPA, 0.1 mM DPM and 0.1 mM **6-OH** DPM in culture medium. Different concentration of the three polyphenols

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FIGURE **¹** Rate of decomposition of 0.1 mM **6-OH** DPM, 0.1 mM DPM and 0.1 mM DOPA in culture medium. Each point represents the average \pm SD (vertical bars) of five determinations.

showed similar rates of decomposition, which were not affected by the presence either of cell lines or $C₉2Na$ or MAN. Paralleling the gradual disappearance with the time of the above drugs, no quinone formation was detectable by HPLC analyses.

Table I shows the percentage survival of Raji, IRE 1 and HF cells cultured for 24 and 48 h in the presence of different concentrations of the three polyphenols. The triphenol 6-OH DPM was more toxic towards the three cell lines than were the dihydric phenols DPM and DOPA, the toxicities of which were similar. In any

TABLE I

Percentage survival of cell lines cultured for **24** h and **48** h in the presence of different concentrations of 6-OH DPM, DPM and DOPA. Each result represent the average \pm SD of five experiments performed in quadruplicate.

Polyphenols	Concentrations (mM)	Cell lines					
		Raji	IRE1 $%$ survival $(24 h)$	HF	Raji	IRE1 $%$ survival $(48 h)$	HF
6-OH DPM	0.01 0.1	$53 + 6$ $15 + 3$	52 ± 5 $12 + 4$	90 ± 4 53 ± 6 $19 + 3$	38 ± 4 8 ± 3	41 ± 5 $7 + 3$	$88 + 5$ 35 ± 4 $5 + 2$
DPM	0.01 0.1 1	$84 + 6$ $50 + 5$ $10 + 4$	$81 + 5$ 49 ± 6 $8 + 4$	$96 + 3$ 86 ± 4 $45 + 4$	$62 + 5$ 38 ± 4	58 ± 6 $36 + 4$	84 ± 3 75 ± 3 $35 + 4$
1-DOPA	0.01 0.1 1	82 ± 4 52 ± 5 $8 + 6$	$80 + 6$ 50 ± 4 $4 + 2$	$97 + 2$ $84 + 6$ $44 + 4$	$60 + 5$ $36 + 4$	$59 + 4$ $34 + 4$	80 ± 4 72 ± 4 30 ± 4

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FIGURE 2 Toxicity of C,2Na to cell lines after 24 h incubation. After 48 h the toxicity increases L0-20% (data not shown). Each point represents the average \pm SD (vertical bars) of four experiments performed **in quadruplicate.**

case, HF cells were more resistant than the two tumoral cell lines to the toxic effects of the polyphenols.

The toxic effect toward cell lines after 24 h treatment with different concentrations of $C₉2Na$ is shown in Figure 2. It is interesting to note that normal HF were much more resistant to the toxic effect of C_92 Na than Raji or IRE1 tumoral cell lines. Unlike C,2Na, MAN and the oxyradical scavenger enzymes **SOD** and CAT, at all concentrations used, did not affect the percent survival of the cells (data not shown).

The presence in the medium of oxyradical scavengers decreased polyphenol toxicities on all cell lines after 24 h incubation (Table 11). The protective effect after 24 h was more striking with 0.1 mM DPM or 0.1 mM DOPA than with similar concentrations of **6-OH** DPM, probably because of the higher cell toxicity of the latter. The percentage survival of the tumoral cell lines (Raji and IRE1) was higher with 1 mM C₉2Na than with 5 mM or 10 mM C_9 2Na, probably because of the intrinsic toxicity of the drug at these concentrations towards the two cell lines (Figure *2).* **By** contrast, the higher the concentrations of MAN, which, at these concentrations, was not toxic for the cells, the higher the protective effect (Table 11).

After 24 h 10 mM C_9 2Na produced a complete protection against polyphenol toxicity on normal HF, which were more resistant than tumoral cell lines to the toxic effects of oxyradicals or C_9 2Na (Table II).

After 48 h incubation, C_9 2Na, MAN, SOD and CAT, lost the capability of protecting cells from polyphenol toxicity (Table II). For C_9 2Na and MAN, the lack of activity was not attributable to their decomposition. In fact, GC-MS analyses showed that C_9 2Na and MAN were not significantly degraded in this period $(48 h)$

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FIGURE 3 Protective effect of C_9 2Na on the toxcity towards Raji cells after 24 h incubation, following **increasing amounts (72, 180,540 mJcm-') of total UV dose on PBS. For further details see text. Each point represents the average** \pm **SD (vertical bars) of four experiments performed in quadruplicate.** $*p < 0.01$ **tested against values of controls.**

during which they were incubated with polyphenols or exposed to oxyradicals generated by UV irradiation of **PBS.**

It is well known that UV irradiation of aqueous systems leads to time dependent formation of oxyradicals.⁵ Figure 3 shows that the UV-induced toxicity towards Raji cells increased with the UV dose and that C_9 2Na, was able to reduce significantly the toxicity after 24 h of incubation. As in the case of polyphenol toxicity, C_9 2Na afforded higher protection at 1 mM than at 5 mM concentration (Figure **3).** IREl cells behaved in the same way as Raji cells. SOD and CAT did not show any significant effect on UV induced toxicity, while the protective effect of MAN increased up to 5 mM concentration (Figure 4).

As regard HF, since they were more resistant to UV induced toxicity than Raji and IRE1 tumoral cell lines, the total UV dose was increased to 900 mJ/cm^2 .

Figure 5 depicts the protective effect of different concentration of C_9 2Na and MAN on the toxicities produced by **540** mJ/cm2 and 900rnJ/crn2 total **UV** doses. The positive effects of $C₉2Na$ were significantly higher than those of MAN at all concentrations used. After **48** h incubation, UV induced toxicity towards the three cell lines increased slightly (10-20%), but, the percent protection of C_92NA or MAN was the same (data not shown).

4. DISCUSSION

The process of autoxidation of polyphenols in solution at physiological pH results in the generation of oxyradicals, semiquinones and quinones by the

FIGURE 4 Protective effect of different concentrations of G2Na and MAN on the toxicity towards Raji cells, after 24 h incubation, following 72 mJ cm⁻² total UV doses. For further details see text. Each point **represents the average** \pm **SD (vertical bars) of four experiments performed in quadruplicate.** $*p < 0.01$ **: tested against values of controls.**

reactions:^{3,6-8}

- $O_2 + e^- \rightarrow O_2^-,$ (1)
- (2) $QH_2 + O_2 \rightarrow Q + H_2O_2$
- $QH_2 + Q \rightarrow 2\dot{Q}H$ (3)
- (4) $\dot{Q}H + O_2 \rightarrow Q + O_2^+ + H^+$

$$
(5)H_2O_2 + O_2^- \rightarrow HO^+ + HO^- + O_2
$$

where O_2^{\sim} represent superoxide anion radicals, H_2O_2 hydrogen peroxide, HO⁻ hydroxyl radicals, QH₂ polyphenols, Q quinones and QH semiquinones.

Generally, the capacity for autoxidation depends upon the number and steric position of hydroxy groups, the electronic properties and position of possible substituents on the benzene ring and, consequently, the polarity.' Thus the triphenol 6-OH DPM is much more easily and rapidly oxidizable in culture medium than the two orthodiphenols DOPA and DPM **(2** h against **24** h) (Figure 1) and is more toxic towards the three cell lines used in our study, Raji, IRE1 and HF (Table I, **11).**

Controversy persists as to whether polyphenol toxicity is mediated by oxyradicals^{10,11} or depends on the covalent binding of the quinone oxidation products of polyphenols with sulphydryl or other nucleophilic groups within the cells.¹²⁻¹⁴ Graham *et al.*⁸ found that 6-OH DPM and **2,4,5-trihydroxyphenylalanine** kill C 1300 neuroblastoma cells

FIGURE 5 Protective effect of different concentrations of C₉2Na and MAN on the toxicity toward HF, **after 24 h incubation, following 540 mJcm⁻² and 900 mJcm⁻² total UV doses. For further details see text. Each point represents the average** \pm **SD (vertical bars) of four experiments performed in quadruplicate. *p <** Each point represents the average \pm SD (vertical bars) of four experiments performed in quadruplicate. $* p < 0.01$, $* p < 0.05$: tested against values of controls.

in vitro through the production of oxyradicals, while for DPM and DOPA the reaction of quinone oxidation products with nucleophiles also contributes to their cytotoxicity.

We have recently shown that, in cell cultures, the major component of toxicity up to 24 h of polyphenols was due to toxic oxygen species acting outside the cells and not to cellular uptake of these polyphenols as such. In fact the addition of oxyradical scavenger enzymes, *i.e.,* SOD and/or CAT, significantly decreased the adverse effect of these drugs on cell lines.^{6,7}

Likewise, the addition to the culture medium of HO^{\dagger} scavengers C_9 2Na or MAN significantly decreases the toxicity of polyphenols towards cell lines, further indicating the key role played by oxyradicals, in particular HO' , in the mechanism of cytotoxicity up to 24 h incubation (Table II). It is worth mentioning that the $\%$ survival of tumoral Raji and **IRE1** cells is higher with **1** mM than with *5* mM or lOmM C,2Na (Table 11). The contrast is easily explained by considering that the two concentrations of $C₉2Na$ exert 25-30% and 45-55% toxicity respectively on these two cell lines (Figure 2). It is surprising, however, that the intrinsic toxicity of $C₉2Na$ is not additive or synergistic with that induced by polyphenols (Table 11). On the contrary, in the presence of a cell line such as **HF,** which is more resistant than tumoral cell lines to the toxic effects of oxyradicals or C_92Na , 10mM of the drug produces a complete protection against polyphenol toxicity (Table 11). Similarly, the higher the concentration of MAN, which is not toxic for the cell up to lOmM concentrations (data not shown), the higher the protective effect towards the three cell lines (Table 11).

After 48 h incubation, C_92Na , MAN, SOD and CAT lose the capability to protect cells against polyphenol toxicity. This suggests that the toxic role of oxyradicals persists for about 24 h. Subsequently, other toxic mechanisms must be involved, such as: (a) the disappearance from the medium **of** essential growth factors which may be destroyed or inactivated by oxyradicals, semiquinones and quinones; (b) the possible

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concomitant formation of toxic radical melanoid polymers;¹⁵⁻¹⁶ (c) the reaction of quinones and semiquinones with external nucleophiles, i.e., sulphydryl groups, amino or phenolic hydroxyls, as an alternative to cyclization." It is interesting to underline that no quinone formation was detectable by HPLC analyses during 48 h incubation. This does not mean that quinones are not formed during polyphenol oxidation, but rather that they have too short lifetimes and too high reactivity toward nucleophiles to be measurable by HPLC.

According to Bielski and Gebicki⁵ the primary reactive species in irradiated water are hydroxyl radicals, hydrated electrons, and hydrogen radicals in addition to stable products such as molecular hydrogen, hydrogen peroxide and protons. The whole process of formation of primary products can be written in the following conventional way:

$$
H_2O \xrightarrow{\mathcal{M}} \mathcal{M} \longrightarrow HO^{\cdot}, H^{\cdot}, e_{sq}^{\cdot}, H_2, H_2O_2, H_3O^+ \quad (5).
$$

 $O_2^{\frac{1}{2}}$ does not appear among the primary products and H_2O_2 concentrations built up by the average radiations doses are usually insufficient to cause extensive oxidation.⁵ This agrees with the lack of protective effects of SOD and CAT towards **UV** induced cytotoxicity (data not shown). On the contrary, the HO' "interceptors" $C₉2Na$ and MAN are able to reduce significantly the toxicity (Figures **3-5)** which is directly proportional to the period of irradiation (Figure 4).

We preferred to irradiate PBS rather than the culture medium or the cells themselves in order to avoid the possibility of damaging medium active components or essential cellular constituents, which might worsen the damage due to oxyradicals. In this connection, another well known HO' scavenger, DMSO, has been used as a protector of human lymphoblastoid cells against the cytotoxic effects of X-irradiation. DMSO was effective only as a protector from lethal effects of HO' , while, at both genetic loci, the induced mutant fractions were not affected by the drug.¹⁸

As in the case for the addition of polyphenols to cultures of the tumoral Raji and IRE1 cells, and for the same above mentioned reason, the activity of C_2 2Na peaks at 1 mM concentration, while higher levels of MAN further reduce the **UV** induced cytotoxicity (Figure 4). In addition, experiments carried out with HF, which are more resistant cells than tumoral ones, show that concentrations of C_92Na in the order of 5-10mM afford a strong protection against **UV** damage even at high total **UV** doses and that such protection is better with C_92Na than with MAN at all concentrations used (Figure 5). After 48h incubation, the toxicity towards the three cell lines increases slightly (about 10-20%) but, unlike polyphenols, the percent protection of $C₉2Na$ or MAN persists unmodified (data not shown). This can be explained by the fact that, under the experimental conditions, **UV** cytotoxicity depends mainly on the generation of HO' that can be "scavenged" by $C₉ 2Na$ or MAN. On the contrary, in the case of polyphenols, in addition to oxyradicals, other factors, as mentioned above, which are not affected by $C₉2Na$ or MAN or SOD or CAT, may play an important cytotoxic role (Table 11).

It is important to underline that both $C₉2Na$ and MAN are not significantly degraded in the period (48h) during which they carry out scavenging activity towards HO' . We have stated in the Introduction that the so called HO' interceptors, including

 $C₉2Na$, can be oxidized by $HO₁$ at different degrees of difficulty yielding new radicals. However, we have previously shown that the diacid decomposition is detectable only in the presence of high HO' fluxes.' With low concentrations of HO' , such as those

generated in culture either by polyphenol autoxidation or by **UV** irradiation of PBS, the degradation of C_92 Na or MAN and the formation of by-products is not quantifiable by our analytical methods: the rate of decomposition may be so slow as to be kinetically insignificant.

In conclusion, the results obtained in this study show that $C₉2Na$ is capable of inhibiting oxyradical-mediated toxicity in cell cultures generated by both polyphenol autoxidation and **UV** irradiation. Its effectiveness is similar to that exhibited by MAN and, in the case of polyphenol oxidation, by **SOD** and CAT (Table 11). It is however, necessary to draw a distinction between the mechanisms of action of these substances. **SOD** catalyses the dismutation of $O₂$ to form $O₂$ and $H₂O₂$ which is reduced to $H₂O$ and $O₂$ by catalase. Both superoxide anion radicals, and hydrogen peroxide (which are the most common species among the radical intermediates formed by chemical and enzymatic processes), are considered to be "sluggish oxidants" and it **is** likely that they serve as mediators of cellular toxicity related to oxygen.^{19,20} By metal-catalyzed reactions (Haber-Weiss cycle), O_2^{τ} and H_2O_2 are able to produce hydroxyl radicals which are among the most reactive free radicals in biological systems and their formation must be considered a central event in toxicity.¹⁹⁻²⁰

These data, showing the HO' scavenging capacity of $C₉2Na$ in culture, may represent a useful basis for a better understanding of its multiple and different biological and therapeutical activities. 21

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